Dear Families,

As we near the end of Term 3 and start to feel just a little jaded or definitely ready for a break, I am reminded of a story that has been around for a long time. It often comes to mind and helps clarify the importance and priority of what needs to be done. If you have read this story before, maybe this is a reminder in the busyness of life for you, if you haven’t perhaps it is something to contemplate this week as you cram more into your life.

A philosophy professor stood before his class with some items on the table in front of him. When the class began, without speaking he picked up a very large and empty jar and proceeded to fill it with rocks, about 4 centimetres in diameter. He then asked the students if the jar was full. They agreed that it was.

So the professor then picked up a box of pebbles and poured them into the jar. He shook the jar lightly. The pebbles, of course, rolled into the open areas between the rocks.

He then asked the students again if the jar was full. They agreed it was.

The professor picked up a box of sand and poured it into the jar. Of course, the sand filled up the remaining open areas of the jar.

He then asked once more if the jar was full. The students responded with a unanimous “Yes.”

“Now,” said the professor, “I want you to recognise that this jar represents your life. The rocks are the important things – your family, your partner, your health, your children – things that if everything else was lost and only they remained, your life would still be full. The pebbles are the other things that matter – like your job, your house, your car. The sand is everything else, the small stuff.”

“If you put the sand into the jar first,” he continued, “there is no room for the pebbles or the rocks. The same goes for your life. If you spend all your time and energy on the small stuff, you will never have room for the things that are important to you. Pay attention to the things that are critical to your happiness.

Spend time with your children. Spend time with your parents. Visit with grandparents. Take your spouse out to dinner. Play another 18. There will always be time to clean the house and mow the lawn.

Take care of the rocks first – the things that really matter. Set your priorities. The rest is just sand.”

Year 3 and Year 4 Camp
As this Newsletter goes to press, our Years 3 and 4 are away at Dorroughby on their school camp. There was much excitement on Thursday morning as they prepared to leave. For some it will be their first time away from home, for others it will be their first experience of sharing a room with many but for all it will be 2 days to participate in many different learning opportunities and experiences. We hope to share some of their stories and photos over the next week. A big thank you to the teachers involved Mr Ern Sandral, Mrs Sharon Roxburgh, and our student teachers Miss Daniika Waters and Miss Charlotte Morrison.

Poetry and Prose night
What a wonderful night we had on Wednesday night at our annual Poetry and Prose night. We have some very talented poets and reciters at St Joseph’s. We were very lucky to have our two guest judges Mrs Meg Cottee and Mrs Jenny McCormack with us for the night. Congratulations to all of the students involved and to our award winners for each of the different sections (listed on the next page). A special thank you to Mrs Lowrey for organising the evening and working with the children. Thanks to the staff and our MC for the evening Mr Cocciola. Thank you to all our parents who were able to attend and enjoy the evening.
Parent invitation to Proclaim Lismore Parents 2014 Gatherings

What will effective partnership between families and schools look like in the years ahead? The Catholic Schools Office in partnership with parish schools invites the cooperation of parents and caregivers in the exciting program of building a stronger parental partnership for the 21st Century.

The first steps in building this stronger partnership are to listen to parents and enter into dialogue so that we can build common understanding around where we are at and where we want to be in time with partnership.

In this commitment to listen to parents the Catholic Schools Office currently is conducting a survey which all parents are invited to participate in. The next step in this process of listening and entering into dialogue will be the Proclaim Lismore Parent 2015 Gatherings which will be held from 5:45 pm -9:00 pm including dinner in the following regions:

Proclaim Lismore Parent Gathering Dates:
- Venues to be advised
- Times: Dinner 5:45 pm – 6:15 pm, Meeting 6:15 pm - 9:00 pm

14 October | Port Macquarie | 28 October | Lismore
15 October | Coffs Harbour | 29 October | Ballina
16 October | Grafton | 30 October | Kingscliff

We know how busy you are. But it's never been more important to put in the time and effort to foster open and honest communication with each other. So please register your interest in attending these meetings at (remembering that only 10 parents can be finally selected to represent each school):


PLEASE NOTE:
Registration for Proclaim Lismore Parents 2014, Gathering nights will close on 19 October, 2014.
Proclaim Lismore Parents 2014
In the latest edition of the Proclaim Lismore Parents e-bulletin, we ask the question: what does it look like when parents, teachers and the parish work together to create an environment that fosters collaboration, communication and community? We take a closer look at parent-teacher partnership in one of our schools: St Joseph's Primary School, Maclean.
Make sure you register your interest in attending the Proclaim Parent Gatherings 2014 which will be held over six separate days across the Diocese of Lismore in October (numbers are limited).

Proclaim Lismore 2014 is an unprecedented opportunity to join with us as partners in co-designing an even stronger and more effective Catholic schooling for each child.

Please visit the Proclaim Lismore website to find out more: www.proclaimlismore.com.au or subscribe to our monthly e-bulletins by emailing proclaim@lism.catholic.edu.au.

RELIGIOUS EDUCATION MATTERS—Megan Boyd

CENTENARY MASS - Sunday, 26th October - 9.00 am
The Centenary Mass planning team would like to invite present students of the school to be actively involved in the celebration of this very important Mass. Thank you to the families who have already responded positively to this invitation. We have very few of our students in Years 3-6 attending at the moment. As these students have stronger voices we really need them to help support our choir. So could parents please indicate on the reply slip below if your child/children will be able to attend this Mass and would like to take an active role. We will need students to help form a choir, serve on the Altar, be ushers, and students also to feature in a liturgical movement during the Presentation of the Gifts. We encourage your support for this significant celebration and we thank you for consideration in this matter.

MINISTERS OF THE WORD TRAINING AND REVISION
Father Richard is offering a revision and Training Session, for all who already are and those who would be interested in becoming Ministers of the Word (READERS) in our Parish. A recommissioning and commissioning of new ministers will take place soon at all Parish Masses. It would be wonderful if new people are able to help our Parish by taking up the challenge of helping with the Readings at our Parish Masses. Training Sessions are as follows:
CORAKI: Saturday 13th September

ALTAR SERVERS
ALL SAINTS’ WOODBURN: 13th September – Stephanie Bell, Jason Bell, Courtney Bell

SCHOOL MASS
Thank you to our Year 1 for leading our Mass yesterday. It was a beautiful Mass with great participation and meaning. Thanks to all the parents, grandparents and friends who were able to join us.

MJR AWARDS
Year 5: For being mature and caring new friends to the Junior Joeys. Thank you for your WEST approach. Your kind and welcoming attitude made Junior Joeys feel safe and welcome!

DEVELOPMENT DAYS
Just a reminder that our final two staff Development Days (PUPIL FREE DAYS) are:
* Tuesday, 7th October Term 4 Week 1 (Diocesan Day), and
* Monday, 3rd November (Term 4 Week 5).
If you have difficulty with arrangements for the care of your child/children on these days please let us know as soon as possible.
We thank you for supporting us in our Professional Development Opportunities.
CALENDAR – TERM 3 WEEK 10

Monday, 15th September
Tuckshop
Block Practicum SCU Danika Waters, Charlotte Morrison

Tuesday, 16th September
Sports Uniform
Ms Wilkins Meeting—Kyogle

Wednesday, 17th September
Library
Tuckshop
Junior Joeys 9 am–11.45 am

Thursday, 18th September
Sport
Stage 3 Bowls

Friday, 19th September
SRC Talent Quest Gold Coin Donation
Last Day Term 3

TERM 4 WEEK 1

Monday, 6th October
Public Holiday

Tuesday, 7th October
Staff Development Day–Pupil Free Day

Wednesday, 8th October
Students return to school
Library
Tuckshop

Thursday, 9th October
Sport

Friday, 10th October

Saturday 11th October
Woodburn Riverside Festival

PARENT FORUM

Purchase of Sports Equipment
A BIG THANKYOU to the Parent Forum for donating the necessary funds for the purchase of added sports equipment for the school.
The students, I’m certain will make great use of the new sporting equipment to the school both during Physical Education classes and at playtime.
Sporting items purchased include hula hoops, footballs, basketballs, catch tail balls, porcupine balls, witches hats for marking areas, portable spot putt stopper and mini football posts for the primary playground.

Books for the Library
The Parent Forum has also donated funds to the school that have been used to purchase books for the library, suitable for students in Years 3 to 6. Students chose books from the Book Fair to the value of $700.

Once again many thanks to the Parent Forum for their financial help in the school.
John Coccia
Assistant Principal

The next Parent Forum meeting will be on TUESDAY, 21st October at 2.00 pm. All welcome to attend. It would be great to see some new faces and helpers!

TUCKSHOP HELPERS NEEDED FOR TERM 4!
If you would like to help out in the Tuckshop in Term 4 (and are not currently on the Helpers’ Roster), please give Lesley a call. More helpers are always needed.

TUCKSHOP ROSTER

Monday, 15th September
HELP NEEDED
Leann Grebert

Wednesday, 17th September
Naomi Robinson
HELP NEEDED—A.M.
Robyn Hatcher (PM)

THANK YOU LADIES!

HAPPY BIRTHDAY
Happy Birthday to those who celebrated their birthday this week: Daniel Westerman and Lacie Soward.
The Evans Head Hammerheads Cricket Club is looking for enthusiastic junior players for the up and coming 2014/15 cricket season. If you are interested in playing or have any further enquiries please do not hesitate to contact Paddy Wilde on 0468827697.

ST JOSEPH’S SWIM AND SURVIVE PROGRAM 2014

I am available to help with the Swim and Survive Program in Term 4 at Woodburn Pool at the following time slots:

- 10:00am - 11:00 am: Years 3 and 4
- 11:30am – 12:30pm: Years 1 and 2
- 12:30pm – 1:30pm: Years 5 and 6
- 2:00 pm – 3:00 pm: Kindergarten

Name: ________________________________ Phone Number: ________________________________

CENTENARY MASS PARTICIPATION

My child/children ________________________________ will be available to attend the Centenary Mass on Sunday, 26th October and will be able to assist with the celebration.

Name: ________________________________ Signature: ________________________________

ST JOSEPH’S SWIM AND SURVIVE PROGRAM 2014

Sport during Term 4 for all K-6 students will follow the N.S.W. Board of Studies P.D.H.P.E. Water Confidence section. Swim and Survive is not a learn-to-swim program but as the name suggests, a water confidence program teaching survival skills in the water. The program will commence at Woodburn Pool on Thursday 23rd October (Week 3, Term 4). This program cannot run without parental help. Parents of infants students should be prepared to get into the water.

Times are:
- 10:00am -11:00 am: Years 3 and 4
- 11:30am – 12:30pm: Years 1 and 2
- 12:30pm – 1:30pm: Years 5 and 6
- 2pm – 3pm: Kindergarten

The cost is to be advised. If you can help, please complete the cut off slip in the Newsletter and return it to school by Friday 19th September, 2014.

It is strongly recommended that with summer approaching you enrol your child in swimming classes at a local pool if they cannot swim so that they can be taught to swim by qualified instructors.

St Joseph’s Swimming Carnival will be held on Friday 12th December at Evans Head Sports and Aquatic Centre. Students from Years 2 to 6 will be involved in this carnival. Kindergarten and Year 1 will remain at school on this day.

WOODBURN RIVERSIDE FESTIVAL 2014

Riverside Park, Woodburn, Saturday, 11th October: the first weekend after the school holidays. Plus lots more entertainment and activities during the day from 9 am to 9 pm. For more information contact the Woodburn Visitor Information Centre on 6682 2032.

EVANS HEAD LITTLE ATHLETICS

Sign On Monday, 15th September 2014
4.30—5.15 pm at Evans K-12 Ovals
Club afternoons start 13th October 2014

NAIDOC FAMILY MOVIE NIGHT IN EVANS HEAD

You are invited to attend a Mid Richmond Celebration of NAIDOC WEEK on Wednesday, 17th September at 5.30 pm at Evans River School, under cover on concrete so remember to bring your camp chairs, cushions and blankies. BBQ available for gold coin donation. For more information or to book transport contact MRNC on 6682 4334.

THE HIVE COMMUNITY GARDEN EVANS HEAD

Open Day: Sunday, 21st September 10 am—3 pm
22 Mangrove Street, Evans Head
Bring your spare garden produce, seeds, herbs, and swap/share it with other locally grown food. Bring a picnic, blanket and camp chair. Wood fired pizza, BBQ, live music, fun for kids, garden stuff, community art.

CASINO JUNIOR CRICKET SIGN ON

All participants from 5-17 years welcome. Sign-on dates are:
- Friday, 12th Sept 3.30-5.30 pm McDonalds Casino
- Sunday, 14th Sept 10.30-12.30 Casino cricket nets
- Saturday, 20th Sept 9 am-1 pm Casino RSM Club
- Thursday, 9th Oct 5—7 pm Casino cricket nets

ST JOSEPH’S SWIM AND SURVIVE PROGRAM 2014

Please return before Friday, 19th September

I am available to help with the Swim and Survive Program in Term 4 at Woodburn Pool at the following time slots:

- 10:00am -11:00 am: Years 3 and 4
- 11:30am – 12:30pm: Years 1 and 2
- 12:30pm – 1:30pm: Years 5 and 6
- 2:00 pm – 3:00 pm: Kindergarten

Name: ________________________________ Phone Number: ________________________________

Please return as soon as possible

My child/children ________________________________ will be available to attend the Centenary Mass on Sunday, 26th October and will be able to assist with the celebration.

Name: ________________________________ Signature: ________________________________
Eliza Blunn, Tara Blunn and Nella Bradford attended the Polding Athletics Carnival at Newcastle last Friday, 5th September. The three girls performed very well and were fantastic ambassadors for their Diocese, school and family.

Congratulations to Nella who won the eleven years’ girls shot put event, throwing 9.52 metres—a marvellous effort and achievement. Tara was placed third in the senior girls discus, throwing a terrific 20.62 metres. Eliza was placed eleventh in junior girls discus and fifteenth in shotput.

The Polding Athletics Carnival sees athletes from Lismore, Newcastle, Broken Bay, Wilcannia Forbes and Bathurst Diocese attend with successful athletes in both track and field events making the Polding Athletics Team to attend the N.S.W. P.S.S.A. State Carnival in Term 4.

We are very proud of the efforts and achievements of the girls this year with their athletics. Well done girls.

The SRC are holding a Talent Quest on the last day of this term to raise funds to donate to the Asthma Foundation. It will be held after morning tea on Friday, starting at 11.45 am. There will be two acts performing from each class. Students may wear casual clothes on the day for a gold coin donation.
ST JOSEPH’S SCHOOL, WOODBURN

CENTENARY DINNER DANCE

TICKETS ON SALE NOW

Purchase tickets from School Office
Single tickets available,
Tables of 10 preferred,
*** LIMITED TICKETS AVAILABLE ***
Get in early, so you don’t miss out!!

Saturday, 25th October 2014
$40 per person, 2 Course Meal
Evans Head RSL Auditorium,
6.00pm start

Don't miss a great night, to catch up with friends

CATH SIME'S BAND