Dear Families,

Kathleen Morris, educator and author has commented that it can be risky to leave students totally alone to develop internet behaviours.

She further states that the internet has always been an evolving medium, however, the rate of change is becoming increasingly rapid. This means children are faced with more challenges in navigating their online world as both consumers and producers. She provides some key messages around internet safety to help parents help their children.

1. Don’t let potential problems stop you from letting your child use technology for their education and personal interests.

2. Put computers in a communal area of the house and don’t allow portable internet devices (laptops, phones, tablets, etc) in the bedroom.

3. Find out what your child is doing online. Talk to them regularly about what websites they visit and take the time to sit with them as they use the internet. Make sure you’re familiar with how the sites that they visit work.

4. Encourage your child to tell you if they ever have a problem on the internet or if they’re ever unsure about anything. Reassure them that you won’t take away their connection to the internet if issues occur.

5. Remind your child to keep personal information private. YAPPY is a useful acronym to remind children of the personal information they should not share on public online spaces (blogs, forums etc.) – Your full name, address, phone number, passwords, your plans.

6. Remind your child that not everything on the internet is true and not all internet users tell the truth.

7. Don’t support your child to sign up for sites that are 13+ if they are under age (Facebook, YouTube, Instagram etc). Make sure your child sets their online accounts to private to limit access to people they know well (when they are old enough to sign up).

8. Encourage your child to balance their leisure time so they’re not spending all of their time online.

9. Create your own internet rules for your household and have your child agree to adhere to them.

10. Explore government resources for parents so you can educate yourself and protect your children on the The Office of the Children’s eSafety Commissioner site: https://esafety.gov.au

There are a range of resources online to help parents and children. Please see the enclosed information from the Parent Assembly about an upcoming presentation offered to parents on online safety and cyberbullying. Also the Maurizio Vespa – Parenting Toolkit presentation that will be held at our school on Wednesday 9 September.

Thanks

Jeanette
11 August 2015

To Parents and Caregivers who have enrolled
their children in Catholic schools of the
Diocese of Lismore

Dear Parents and Caregivers,

The campaign to redefine marriage continues daily to occupy a prominent place in the news media. It appears to be a very well organised and resourced campaign. Some of its public proponents have even claimed the high ground of making same-sex 'marriage' the hallmark of progress, equality and freedom, consigning anyone daring to hold a different view to deserted lowlands 'on the wrong side of history.'

With this letter I attach a copy of the Pastoral Letter of the Catholic Bishops of Australia, Don't Mess with Marriage. In booklet form it has already been circulated widely through the 22 parishes of the Diocese. However, I would like to ensure that our carefully considered response to the current debate is widely available to those like yourselves who are related to the Church by entrusting the education of your children to a Catholic school.

In commending the Pastoral Letter to your reading and reflection, I would make two points.

First, that marriage is not the invention of either the State or the Church. The marriage of a man and woman and all that this union implies for recreation and family is as old as the human race. All human societies and their religions have understood its nature and over many centuries both the Church and civil legal systems have protected and upheld marriage as a unique relationship existing for clearly understood purposes. For individual states to attempt to redefine what has been obvious over millennia to every generation until the last twenty or so years of western European culture is to risk enormous consequences for the common good.

Secondly, as the Pastoral Letter makes clear right at its beginning, the Catholic Church opposes all forms of unjust discrimination, including towards those who experience same-sex attraction. They must be treated with respect, sensitivity and love. Many such adults and teenagers are members of our families and within the circles of valued friends, as well as in the wider community. It is our belief as Christians, however, that everyone, including those with same-sex attraction is called by God to live chastely and to find their value and dignity in fulfilling His plan for them. This is a demanding challenge and possible only with the help of a power beyond ourselves, in unlimited supply to those who seek it with faith and trust.

I thank you for the confidence which you have in the quality of the whole-of-life approach to the education of your sons and daughters offered in our Catholic schools. I thank so many parents for the generous cooperation with which they engage in the support of the daily life and objectives of the schools attended by their children, not least in the education of their children in the goodness, beauty and truth of the teachings of Jesus Christ, the Son of God, and in the way of life and witness which He enjoins upon His followers.

With every good wish and blessing,
Yours sincerely,

Most Revd Geoffrey H Jarrett,
Bishop of Lismore

The Pastoral Letter ‘Don’t Mess with Marriage’ will be placed on our Moodle Page.
RELIGIOUS EDUCATION MATTERS from Megan Boyd

From our Church:

Understanding the Sunday Readings Focusing on the word:
30th August - 22nd Sunday in Ordinary Time – Year B …………….. a REFLECTION

Jesus reminds us that we do not make ourselves holy by our actions. Rather, we become holy when we allow God's Spirit to transform us. Our actions should be an expression of the conversion of our heart to God and to God's ways. Jesus taught us that God wants to find us doing good things with our lives, such as sharing, thinking kind thoughts, and being truthful. Jesus says that it is not the way we look that is most important. It is what we do and say that shows people that we are a friend and follower of Jesus.

“We have observed that, in society and the world in which we live, selfishness has increased more than love for others, and that men and women of good will must work, each with his own strengths and expertise, to ensure that love for others increases until it is equal and possibly exceeds love for oneself.”

Pope Francis

YEAR ONE SCHOOL MASS

Yesterday Father Felix from the Lismore St Carthage’s Cathedral celebrated our school Mass. The theme of the Mass was “Try a Little Kindness!”
The aim of the St Vincent de Paul Society is to help those people in our community and abroad in need; and to show kindness and compassion towards others. Our Mini Vinnies Team aim to do just that! During the Mass our Mini Vinnies Team received certificates of membership and their Mini Vinnies badges from Mrs Veronica Perry from the Evans Head Branch of the St Vincent De Paul Society. We thank Mrs Perry for attending our Mass and for what she and the other volunteers do in our community.

NEXT SCHOOL MASS – Friday 11th September at 10.15am

Our next School Mass will be prepared by Miss Taylor and KINDERGARTEN. The theme for their Mass will be “CELEBRATING FAMILIES!” Everyone is invited to attend and celebrate with us our Kinders very first School Mass!

MAKING JESUS REAL - GOD MOMENTS

Katelyn Bodley: For showing kindness and care to fellow students—nominated by Mrs Reese
Jason Bell: For demonstrating initiative and helping Year 1 so professionally—nominated by Mrs Boyd.

ALTAR SERVERS—All Saints’ Church Woodburn at 5 pm

Saturday, 29th August
Alec Robinson, Lani Reese, Tayla Ferguson
Saturday, 5th September
Sarah Biffin, Victoria Mohammed, Tatum Hodges, Lateisha Doran

WELCOME!

This week we welcomed Victoria Alderson (Year 5) and Harrison Alderson (Year 3) and their mother, Simone, to our school community.
We also welcomed Mia Puglisi (Year 2) and her brother Coen Puglisi (Year 1) and their mother, Melissa.
I’m sure you will join with me in welcoming these new families to St Joseph’s and wish them well as they settle in to their new school environment.

SCHOOL PRAYER

Dear Jesus,
I offer you today, all that I think and do and say. I offer you this as my special prayer to you, Lord, help us today “To Grow in Truth and Love”.

NUT BAN

A reminder to all families and students that we have a child at St Joseph’s who has a severe nut allergy. I am asking parents to ensure that children do not have peanut butter, peanuts or nuts of any kind in their lunch boxes. Thank you for your understanding and compliance with this request.
ST JOSEPH’S
EVENING OF POETRY AND PROSE

On Wednesday, 9th September at 5:30 pm in the library a group of dedicated students in Years 3 to 6 will be reciting poetry that they have been learning as part of their Performance Poetry Assessment.

These particular students have decided to extend themselves further and are preparing a performance piece to present to their fellow students in the afternoon and to parents in the evening.

Moving into high school, where oral assessment is such a large part of the curriculum, it is a wonderful opportunity for these Stage 2 and Stage 3 students to gain skills and confidence in this area.

STUDENTS OF THE WEEK
TERM 3—Week 6

<table>
<thead>
<tr>
<th>Class</th>
<th>Student</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kinder</td>
<td>Phoenix McClure</td>
</tr>
<tr>
<td></td>
<td>Max McGillivray</td>
</tr>
<tr>
<td>Year 1</td>
<td>Tahlia Newman</td>
</tr>
<tr>
<td>Year 2</td>
<td>Mia Felsch</td>
</tr>
<tr>
<td>Year 3</td>
<td>Brianna Evans</td>
</tr>
<tr>
<td>Year 4</td>
<td>Elleigh Jamroz</td>
</tr>
<tr>
<td>Year 5</td>
<td>Matthew Woolley</td>
</tr>
<tr>
<td>Year 6</td>
<td>Mikaela Miller</td>
</tr>
<tr>
<td></td>
<td>Amity McMahon</td>
</tr>
</tbody>
</table>

CONGRATULATIONS!

TUCKSHOP ROSTER
Monday, 31st August
Kylee Newman
Katrina McGillivray

Wednesday, 2nd September
Tracey Bodley
AM: HELP NEEDED!
PM: Helen Grissell

Thank you ladies!

TERM 3 WEEK 8

Monday, 31st August
Tuckshop
E.M.U. Meeting Miss Taylor
Parent Forum Meeting—6 pm

Tuesday, 1st September
Sports uniform

Wednesday, 2nd September
Tuckshop
Library
Junior Joey’s—Kindergarten 2016

Thursday, 3rd September
Sports uniform
Polding Athletics—Mr Cocciola
Fathers’ Day stall—$5

Friday, 4th September
Polding Athletics—Mr Cocciola
Fathers’ Day Breakfast: 6.45am—8.45am

TERM 3 WEEK 9

Monday, 7th September
Tuckshop

Tuesday, 8th September
Sports uniform

Wednesday, 9th September
Tuckshop
Library
Junior Joey’s—Kindergarten 2016

Thursday, 10th September
Sports uniform

Friday, 11th September
Whole School Mass (Kindergarten) - 10.15 am

HAPPY BIRTHDAY!
Happy Birthday wishes from the school community to Tatum Hodges, Chelsea Franks, Sunny McLean, Lewi Scott and Mrs Boyd who celebrated their birthdays this week.

PARENT FORUM

FATHERS’ DAY STALL
Fathers’ Day gifts will be available for sale for $5 each on Thursday, 3rd September. (Please pay on the day.)

FATHERS’ DAY BREAKFAST
We will be having a Fathers’ Day Breakfast at school on Friday, 4th September from 6.45 am until 8.45 am especially for our dads. Come along and make this a special morning, dads!

There will be bacon & egg sandwiches, croissants, fruit, coffee, tea and juice.

We would love to see as many of our dads coming along to help us celebrate their special day.

*** Please complete the RSVP and return it to school by Monday so that catering can be organised.***

The next Parent Forum meeting will be on Monday, 31st August at 6.00 pm. Everyone is welcome to attend.
WOODBURN RIVERSIDE FESTIVAL 2015
Saturday, 10th October
A full day of entertainment and activity for all ages!

Fancy dress parade - ages 6 and under. Any theme. This will be judged right after the ‘Opening Ceremony’ at 10 a.m., so come ‘dressed to impress’!

Raft / inflatable race. Build a raft, or you can use any sort of inflatable (e.g. pool toy), as long as it is not a boat and not motor-powered. Lots of prizes - first group to finish, best raft, most amusing inflatable, etc.

Biathlon. Swim across the river, run back across the bridge. Two age groups - under 16, 16 and over. Prizes for each age group - $100 first, $50 second.

And also - Markets Water-skiing demonstrations Barbecue; Face painting; Amusement rides; Live band in the evening; Fireworks ...and more

For more information contact:
Pam Bellingham - 0414 953 879 or
Glenn Crawford - 6682 2032.

REMINDER:
Please remember to send in your Woolworths Earn & Learn stickers to school.

The Evans Head Hammerheads Cricket Club is looking for enthusiastic junior players for the up and coming 2015/16 cricket season. The age groups competing in the Lismore District Cricket Association are 12, 13, 15 and 17 years.
The 12 and 13 years age group can be combined.
If you are interested in playing or have any further enquiries please do not hesitate to contact Paddy Wilde on 0468827697.

Evans Head Hammerheads Cricket Club

Lismore Parent Assembly Family Retreat
SAVE THE DATE: Friday 23rd October – Sunday 25th October
Parent Assembly are holding their annual northern family retreat on 23rd – 25th October 2015. It will be at Tyalgum Ridge Retreat and is open to any families who have children enrolled in Lismore Diocesan Catholic Schools. This is a FREE weekend and includes: accommodation for Friday and Saturday night, ALL meals from Friday dinner till Sunday lunch. We cater for ALL family types and children from newborn – teenagers/young adults. The focus of this weekend is about developing a stronger relationship with Christ and with your family. There is an optional $20 cost per family, which will allow us to employ instructors who can offer archery, canoeing and flying fox activities on Saturday afternoon; however this will only be available if we have enough numbers. Look out for the flyers in your newsletter in coming weeks. Registrations open soon and there are limited spaces so first in first served.

Literacy/ Numeracy Week and Book Week
‘BOOKS LIGHT UP OUR WORLD’
What a wonderful week! This week we celebrated Literacy and Numeracy Week and Book Week combined.

The children had the opportunity on a couple of mornings this week to work in varied classrooms doing Literacy and Numeracy activities with students from Kinder to Year 6.

Today the school was alive with students dressed as Book Characters and parents, grandparents and students sharing some of their favourite books. Then our terrific Book Fair was there for all to enjoy, browse, dream and buy.

Thanks to the parents, grandparents and friends who joined us today; to our students who joined in the activities and the spirit of dress up for Book Week. Thanks to the staff for organising the activities and to Miss Taylor for preparing the Jeopardy that will be held next Monday. A big thank you to Mrs Feros for organising our Book Fair and to her assistants, Amy, Mrs Stormon, Karen, Judie Lollback, Kerrie Tunsted, Kim McClure, Naomi Robinson and Kath Cremin. Thank you to the staff and students for your work with the displays in the Library.
Do you feel parenting has become a chore?
Do you want to be the best parent you can be?
Do you want your house to be a happy place?

DO YOU WANT TO SPEND QUALITY TIME WITH YOUR KIDS?
If you answered YES to any of these questions then these workshops are for you.

Parent Assembly are presenting 3 FREE workshops by Maurizio Vespa who is a renowned speaker specialising in conflict resolution and giving parents practical tools to create happy, strong, positive families.

To register click HERE or go to: https://goo.gl/oqgzyk

**The Parenting Toolkit**
This workshop will cover:
- Valuing our role as a parent
- Personal triggers as a parent and how to manage them
- The impact of language and tonality
- The importance of a positive home environment
- Collaborative problem solving to address conflict & bullying

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**Wednesday 9th September**

**St Joseph’s Woodburn** 1pm
light lunch provided followed by workshop

**Mt St Pat’s Primary Murwillumbah** 6pm
This talk will help parents value their role as the most important person in their child’s life and provide ways to create a happy positive home.
SPORTS NEWS from John Cocciola

TERM 3 DATES TO REMEMBER
4th September—Polding Athletics Carnival Newcastle
16th September—Diocesan Gala Sports Day at Grafton Stage Three

LISMORE DIOCESAN GALA SPORTS DAY
The Lismore Diocesan Gala Sports Day for Stage Three students will be held at Grafton on Wednesday, 16th September (Week 10, Term 3).
The day provides a great opportunity for the students to participate and play against other school teams from throughout the Lismore Diocese in a number of sports such as basketball, hockey, football, Oz-tag and netball.
St Joseph's will be sending our Stage Three students to Grafton by bus to compete against other Diocesan Catholic Primary schools in netball, football (soccer) and oz-tag.
St Joseph's Coraki will travel with us to Grafton this year so that they can also participate at the Gala Day.
Information regarding this event will be sent home next week.

SWIM & SURVIVE PROGRAM
Sport during Term 4 for all K-6 students will follow the N.S.W. Board of Studies P.D.H.P.E. Water Safety Confidence section. Swim and Survive is not a learn-to-swim program but as the name suggests, a water confidence program teaching survival skills in the water. The program will commence at Woodburn Pool on Thursday, 22nd October (Week 3, Term 4). This program cannot run without parental help. Parents of Infants students should be prepared to get into the water.
Times are:
10:00am - 11:00am   Years 3 and 4
11:30am-12:30pm    Years 1 and 2
12:30pm- 1: 30pm   Years 5 and 6
2pm - 3pm           Kindergarten
The cost is to be advised. If you can help, please complete the cut off slip in this Newsletter and return it to school by Tuesday 15th September 2015.
It is strongly recommended that with summer approaching you enrol your child in swimming classes at a local pool if they cannot swim so that they can be taught to swim by qualified instructors.

ST JOSEPH'S SWIMMING CARNIVAL
St Joseph's Swimming Carnival will be held on Friday 11th December at Evans Head Sports and Aquatic Centre. Students from Years 2 to 6 will be involved in this carnival. Kindergarten and Year 1 will remain at school on this day.

POLDING ATHLETICS CARNIVAL 2015
The Polding Athletics Carnival will be held in Newcastle on Friday 4th September. Lismore Diocese has 125 students attending this event. Nella Bradford (Year 6) has been added to the Lismore team in shot put due to her outstanding results both at school and Zone carnivals this year.
Nella was away at National Hockey Championships in Western Australia and missed the Diocesan Athletics Carnival at Port Macquarie.
Nella has represented Polding for the last two years at State P.S.S.A. Athletics. We wish her all the best at Newcastle.

St Joseph's Swim and Survive Program 2015  Please return before Tuesday, 15th September.
I am available to help with the Swim and Survive Program in Term 4 at Woodburn Pool at the following time slot/s:

10:00am- 11:00am   Years 3 and 4
11:30am-12:30pm    Years 1 and 2
12:30pm- 1: 30pm   Years 5 and 6
2pm - 3pm           Kindergarten

Please tick

Name…………………………………………………………………….(Please Print )

Signed ..........................................................Phone Number………………………………………………..
ONLINE SAFETY AND CYBERBULLYING

A FREE EVENT FOR ALL PARENTS AND CHILDREN WHO USE THE INTERNET
Brett Lee is a professional speaker on the topic of digital compliance and internet safety. You will be presented with powerful and up to date information regarding the use of online technologies, the responsibilities and consequences of using these technologies and the possible dangers for you and your child. You will also receive strategies that will help empower you and your child to make safe online choices.

Where & When:
St Brigid’s Kyogle: Monday 14th Sept 6.30pm (Sausage Sizzle provided from 5.30pm)
St Carthage’s Lismore: Tuesday 15th Sept 6.30pm
St Anthony’s Kingscliff: Thursday 15th October 6.30 pm

Who: Parents and Students Yr 3 to 12
Click HERE to register or go to https://goo.gl/mvXilR
Childcare available
For more information 0407 706 454 or 0407 143 975